

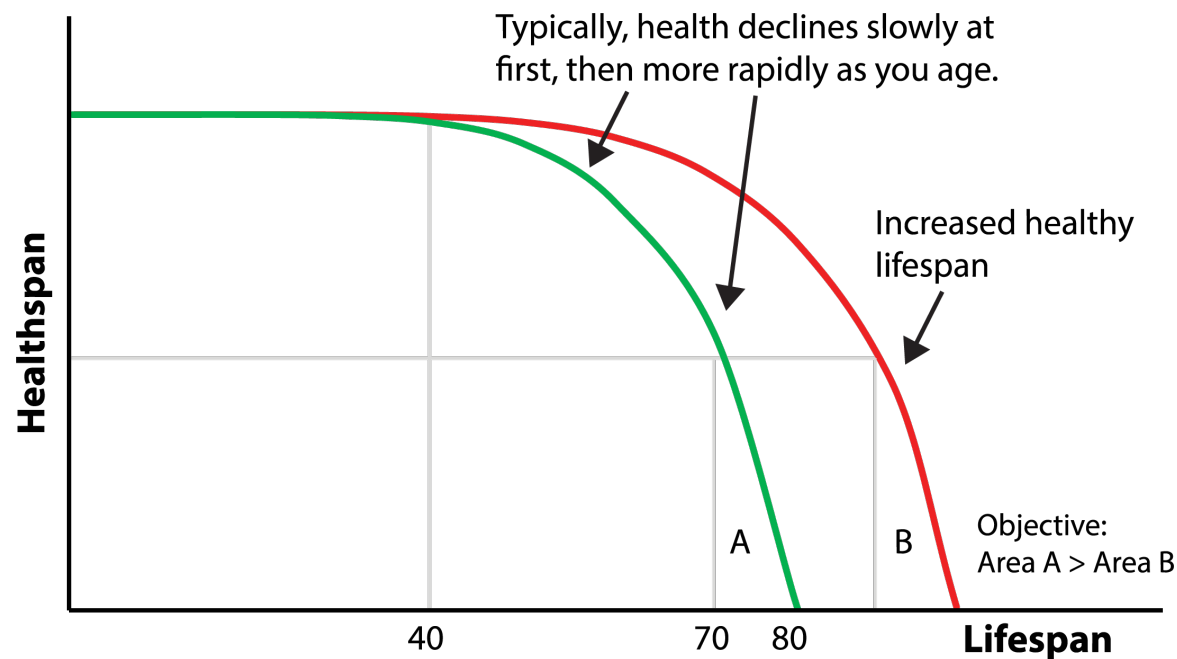


STRATEGIC HEALTH


Live longer. Live healthier.

Our Mission

1. To help people live a **healthier, happier** and **longer** life.
2. To help detect diseases **before** they manifest.
3. To optimize **wellness** and implement **longevity** strategies.



Our goal is to increase years alive (*lifespan*) while enjoying great health and vitality (*healthspan*).



Our Longevity Center is led by Functional Medicine experts.

We deliver a **personalized, predictive** and **preventative** program.

We combine state-of-the-art imaging, advanced biomarker testing, and cutting-edge functional health assessments to gain a new level of insight.

Our Strategic Testing Approach

Thorough data leads to the most personalized strategic health plan. We measure multiple dimensions of longevity to get a **complete** head-to-toe picture of your health with a focus on early detection of cancers and cardiovascular, metabolic, and neurodegenerative diseases. We offer hundreds of highly-specialized lab tests that have been carefully curated from cutting-edge laboratories in North America.



Cardiovascular health



Brain health



Metabolic health



Genetics & biological age markers



Pharmacogenetics



Immune function



Cancer screening



Gut health & nutrition

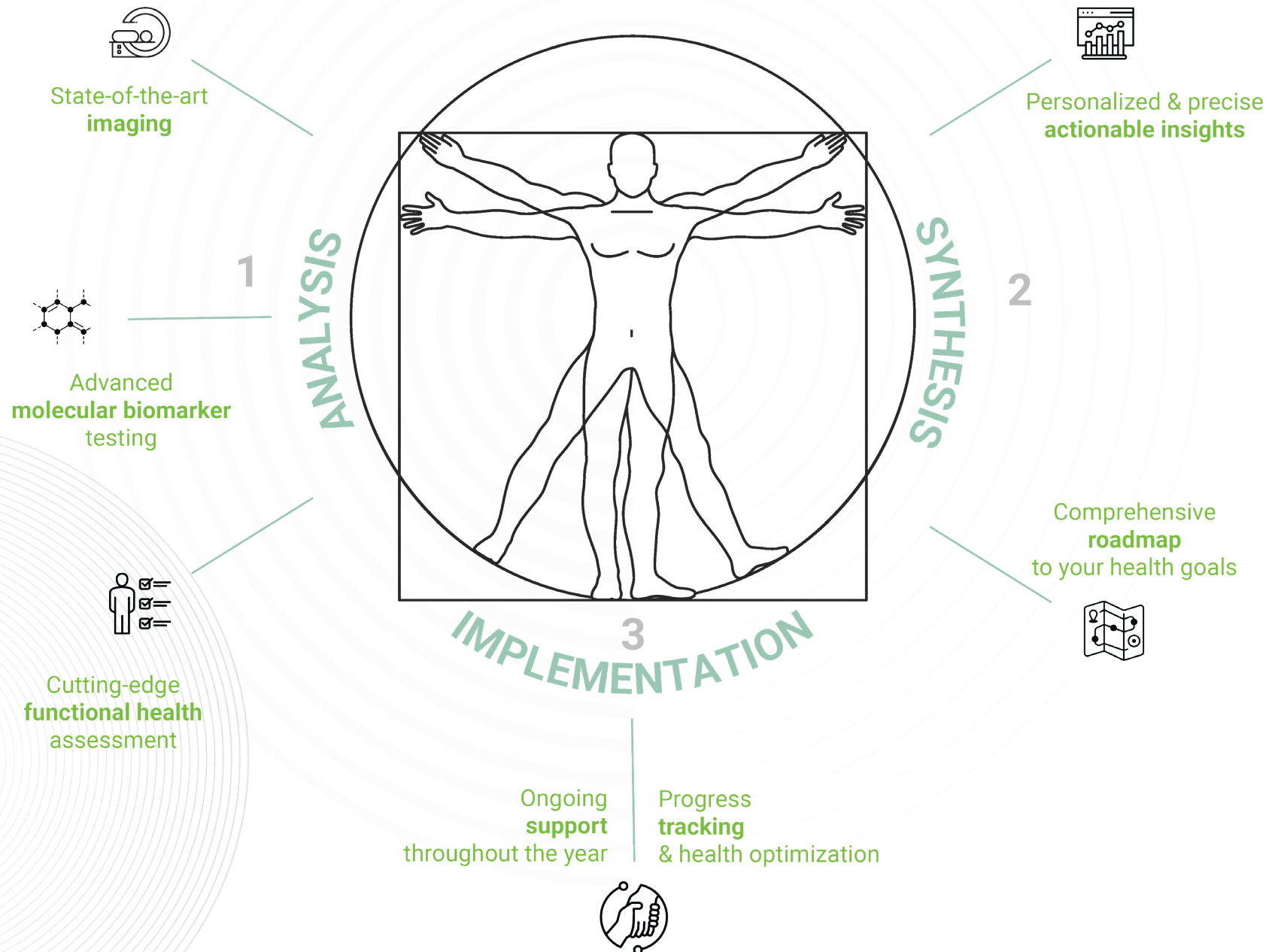


Hormone health



Toxin exposure

Our unique three-step approach goes beyond a traditional executive assessment.



StrategicHealth Offerings

StrategicHealth Assessment



Perfect for those who want a **thorough assessment of their health** and would like some direction with lifestyle changes, but are not ready to commit to a full year implementation program.

StrategicHealth Membership (by application only)

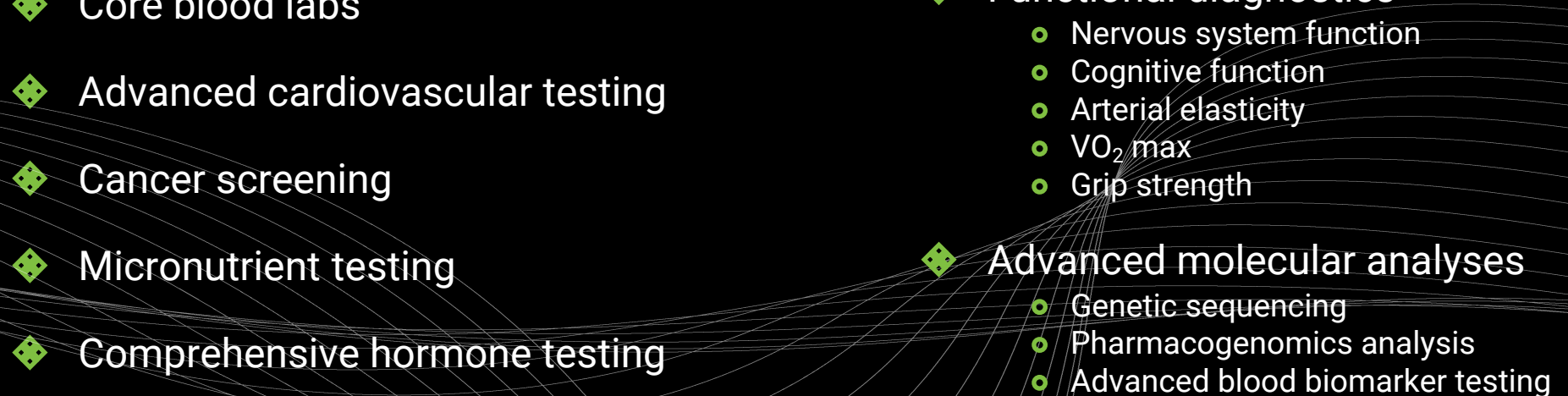


Two levels of year-long membership programs are available, depending on your goals and interests.

Membership includes the Assessment program in addition to **personalized intervention and implementation programs** with our physicians, health coaches, and integrative medical team.

Our diagnostic tests

STRATEGICHEALTH

- ◆ Whole body MRI
 - ◆ DEXA scan (body composition & bone density)
 - ◆ Core blood labs
 - ◆ Advanced cardiovascular testing
 - ◆ Cancer screening
 - ◆ Micronutrient testing
 - ◆ Comprehensive hormone testing
 - ◆ Physical exam
 - Biometrics
 - Health screening
 - ◆ Functional diagnostics
 - Nervous system function
 - Cognitive function
 - Arterial elasticity
 - VO₂ max
 - Grip strength
 - ◆ Advanced molecular analyses
 - Genetic sequencing
 - Pharmacogenomics analysis
 - Advanced blood biomarker testing
- 



Healthcare Re-imagined

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