

# Get a clear picture of your current health and future risks. Experience the future of healthcare right now.

For the first time, the tools are available today. Combining state-of-theart imaging, molecular biomarker testing and more, the Precision Health program provides another level of insight beyond that of a traditional executive assessment. Our priority is to prevent and early detect disease while assisting you to reach your highest health potential.

The overall goal is to increase your healthspan and delay the onset of disease with a particular focus on:



Contact our team today. Our executive team is ready to answer your questions and explain more about the assessment program.

CONTACT: Helena Bianchi CALL: 604-733-4400

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The Precision Health program offers a next generation assessment package using cutting edge technologies to provide the most comprehensive assessment available today.

#### **INITIAL ASSESSMENT**

- MRI Cancer Screen
- Advanced Cardiac markers
- Baseline labs
- Micronutrients
  Molecular Biomarkers
- Advanced Hormones
- Body Composition (DXA)
- Physical Exam
- Precision Health Report

\$7850 + GST

#### **ADD-ON MENU**

- · Coronary calcium score
- Carotid Ultrasound Screen
- Stool Microbiome
- Longevity Markers
- Pharmacogenomics

#### **CONTACT FOR PRICING**

### **CONTINUE THE JOURNEY**

- Work with us year-round in the StrategicHealth Program
- Deep dive precision health annual program
- Optimize Performance, Healthspan + Longevity

BY APPLICATION ONLY



# **Opportunity**

Be the architect of your health trajectory by taking a deep dive into your current health and assessing your risks with next generation technologies. We offer personalized and actionable health insights that empower you to be proactive in your health.

### Rationale

The majority of age-related diseases do not present with obvious symptoms and can remain undetected with current conventional testing for years. Detect these diseases before symptoms occur so you have a head-start on potentially reversing the progression of disease. Course correct if needed while striving for peak performance and optimal health.

### How it works

The Precision Health Program offers a next generation model of health assessment: personalized, predictive, preventative and proactive. It is a comprehensive strategic health roadmap to help you achieve your short and long-term health goals by identifying your specific risk factors through baseline testing, advanced molecular biomarker testing, micronutrient analysis and diagnostic imaging.





# **Screening MRI**

We have partnered to provide you with the most advanced screening MRI currently available anywhere in order to provide you with the best assessment and screening and without any risk from radiation. This allows for detection of early stage abnormalities, when they are most amendable to treatment.

### **Biomarkers**

We analyze the most diverse range of blood biomarkers to show your health risks today and what you can do about it. Your health is more than your genetics. Our preventive health assessments analyze your metabolites, proteins, nutrients and toxins to give you the full picture.

# Report

We carefully integrate your results to assemble your 'Precision Health Report' to focus on disease detection including cancer, cardiac disease, metabolic disorders and neurodegenerative conditions. You will also learn about genetic predispositions, health risks, potential drug reactions as well as recommendations around nutrition, exercise and supplements.

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